

Basic knowledge for health questions, spiritually inquired and answered here.

Alcohol addiction: Connections and healing possibilities, clarification in a spiritual point of view.

This is Archangel Raphael, greetings.

Many people have fallen into this addiction. Alcohol is a drug that is allowed. That is why it is not talked about so much, because this form of drug is tolerated in very, very many countries. But very few people know how great the harmfulness is.

What does a person need when he consumes alcohol?

He needs pleasure, distraction, fogging, forgetting, to get out of himself better with words / with deeds, he needs more courage, he needs looseness, he also wants to be the center of attention. And for all this he uses the alcohol, because the alcohol can make this possible!

Every person reacts differently to alcohol. The symptoms in the body are not the same for everyone - depending on health, depending on mental state, depending on the moment when alcohol is drunk.

Alcohol is a drug of pleasure. And what is bad if a person wants to enjoy? It needs an alertness, it needs a "knowing oneself". When man knows himself, he knows how he reacts to alcohol.

Drinking alcohol in between, why not? Because it also has many minerals in it that are good for the body. But what is important is a good quality.

When does man begin to drink beyond his measure? What does moderate mean?

As soon as a craving appears, the measure is exceeded!

A glass of wine with a good meal - why not? But if you wake up in the morning and already have a desire for wine, a desire for beer, a desire for harder drugs, then it is important that man observes himself, that he keeps in his eyes the reasons why this desire is present in the morning.

Often a person drinks alcohol to suppress his worries, to be different from what he is; or rather, to become different from what he is.

There are many people for whom alcohol loosens the tongue. They become looser, they become more relaxed. Suddenly they say things they couldn't say otherwise. And this feeling of looseness, of being relaxed, is what these people want to experience again and again, because they can't experience it otherwise.

Often it is people who go through life very controlled, who have structures in their life, very many structures, too tight structures, who are very conscientious. Yes, you could almost say that there is a certain toughness in this conscientiousness or compulsiveness.

And when this is loosened by alcohol, that gives people a relief, a breathing space, a "feeling better", a "feeling more comfortable".

Then there is also the side that the person doesn't want to look at certain things in his life, that he pushes them to the side, and again through alcohol he gets a certain relief because he can forget about them.

Alcohol takes people out of the real here and now, it clouds them, it takes away their vision, their view of the here and now. Many people are afraid, afraid of reality, afraid to change something in their lives, afraid to face their true dreams, afraid to change their lives. That is also a reason why alcohol is often involved.

Well said: if you have guests at home, if you have cooked well, if you open a

bottle of wine - this is not yet an addiction! But if it becomes a regularity to drink wine every day, to drink schnapps every day, to drink a beer every day, then caution is advised!

What are the cures for these addictions?

Depending on how far the alcohol addiction has progressed, help is needed. Very rarely can these people find a way out of their addiction on their own. Professional help is needed! Because if an addiction is advanced, there is no structure anymore. People become more and more lonely, people get into a state of neglect.

That's why it's important to take these people out of their everyday lives; important that they turn to doctors, to psychological specialists.

And it is also very important that the spiritual component is not excluded!

People who are in contact with the spiritual world, that they convey messages for these people, so that they can look deeper into themselves, so that the reasons of their addiction can be illuminated more deeply, so that they can really experience healing also on the spiritual level.

Often the means of the doctors, the psychologists, are limited and therefore it needs mediums, who have the connection to spirit guides, to other spiritual beings, who can help further, who can go into the depth, in order to really fathom the true reason of this addiction.

It is also important not to wait long!

Often the addicted people themselves are not aware that they are addicted.

That's why they need impulses from outside from familiar people to make them realize that something needs to be changed.

And it also needs their support!

It is often the case that the social environment of these people is no longer intact, and a social environment is all the more important, especially after healing, so that integration into everyday life can happen again!

You see, it is a very far-reaching topic, a very individual topic. Therefore, it is very important to approach this point by point, step by step, day by day - in company.

Addictions can also be foreign occupations!

Then it is very important to remove these external occupations. And also for this there are specialists, who can dissolve these occupations, so that these people become free from compulsion.

If there is an occupation, there is a compulsion to take a beer again and again, to take some wine again and again or to take harder drugs. Then it is important to first solve this compulsion, respectively to solve this occupation, so that this compulsion can dissolve and then to tackle the medical.

Unfortunately, the means are still very limited to cure the addictions.

The compulsions that are respectively the occupations are often not accepted. But often it is souls in the astral world that dock and pass on this information and this person then consumes alcohol.

It is souls who were addicted to alcohol themselves, did not get out of their addiction, who made the transition, are still in the astral plane and therefore still seek proximity to the earth - because of their addiction.

In order to heal this, you need professionals for this as well, and they exist.

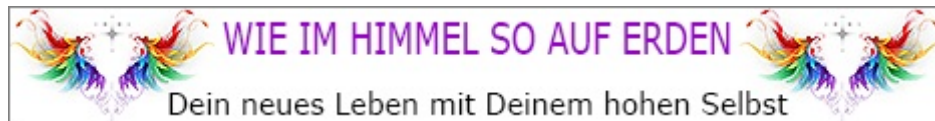
This is some information about alcohol addiction. Every person is an individual, every person has his own life story, every person has his own life plan, and therefore it is important that the healing possibilities for these people who are addicted are made as individual as possible - connected with the medical profession, connected with the media, connected with holistic healing possibilities.

Received from Christine S. on 2023.03.12.

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(Member of the Internet Association "The lovers from far away")

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